Muv Fitness partners with local companies to offer fitness benefits to employees for a healthier workforce and community.

LOCATIONS

- Chapin coming soon
- Irmo 800 Columbiana drive
- Forest Acres 4114 Forest drive
- Killian Road 450 Killian Road
- Lexington 619 N. Lake Drive
- Sandhills 226 Forum Drive
- West Columbia 2307 Augusta Road

CORPORATE WELLNESS PROGRAM

MUV FITNESS CORPORATE WELLNESS PROGRAM DIRECTOR

MARCY MILLER MMILLER@MUVSC.COM 803-727-7317

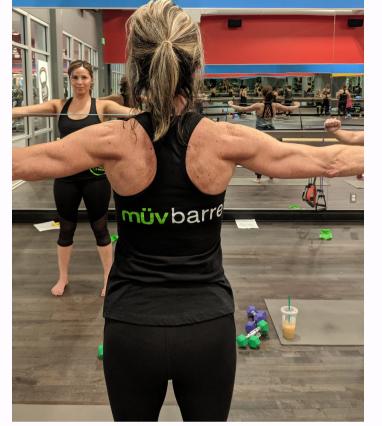
- A few companies currently engaged in our programs.
- Richland County Sheriffs Department
- Jarden
- Nephron
- City of Columbia Fire and Police
- Lexington County and Town Police
- Richland School district 1 and 2
- VBOA
- Express Oil and Lube
- Pontiac Foods/Kroger
- Childrens dental
- Hurricane Construction
- JT's Kia, Jeep, and Dodge
- Blanchard Machinery
- Hyatt Hotels



CORPORATE WELLNESS BENEFITS FOR YOUR COMPANY

<u>Reasons</u> for a Corporate Wellness Program

- Rising cost of health care
- High cost of pandemic related expenses
- 1 in 5 adults, students and elderly suffer with mental health challenges
- Sedentary or high-risk work environments
- Most illness can be avoided or prevented



<u>Benefits</u> for a Corporate Wellness Program

- Improve employee health
- Improve employee morale and production
- Reduced absenteeism
- Average 150% return on investment

WE'LL MAKE YOU CONFIDENT IN YOUR HEALTH AND FITNESS JOURNEY.

COMPANY PROGRAMS

Partner program

Free to your company. Reduced upfront fees for employees and family add on's. Reduced monthly rate.

Sponsor program

Lowest monthly dues available at Muv fitness for employees and family addons. No upfront fees for employees. Annual sponsor fee based on total number of employees.

Executive program

Available with both plans. No additional cost to have it set up under payroll deduct or company pays for membership for employees. Company incentives.